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## **Pulmonary Function Test and Preparation**

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What is a pulmonary function test?

Pulmonary function tests measure:

- How much air your lungs can hold
- How quickly you can move air in and out of your lungs
- How well your lungs add oxygen and remove carbon dioxide from the blood

You will be asked to take deep breaths and blow into a machine.  
The test takes about 45 minutes.

### **SHOULD I TAKE MY MEDICATIONS BEFORE THE TEST?**

- Take your medications as you normally do, unless the doctor who ordered the test has given you other instructions.
- If you have any questions about your medications, call your doctor for advice.

When you come for the test....

- Bring a current list of all of your medications with you to the test, including over-the-counter (non-prescription) medicines, pills, puffers and eye drops.
- Please bring in any devices you use to take your puffers.

If you need to change or cancel your appointment, please contact the Booking Office 48 hours before your appointment time, so that another person can be schedule in your place. The phone number is 905-522-1155 ext. \_\_\_\_\_