





Sputum AFB Test and Preparation

What is a sputum induction test?

You will be asked to breathe a salty mist for 20 minutes. After this 20 minutes period, you will be asked to rinse your mouth with water, cough hard, and spit the contents of the cough into a container. The sample is then sent to the laboratory for analysis. If you are provided with a face mask, please wear it to the appointment.

SHOULD I TAKE MY MEDICATIONS BEFORE THE TEST?

- Take your medications as you normally do, unless the doctor who ordered the test has given you other instructions.
- If you have any questions about your medications, call your doctor for advice.

If you need to change or cancel your appointment, please contact the Booking Office 48 hours before your appointment time, so that another person can be schedule in your place. The phone number is 905-522-1155 ext.