Mycophenolate [My-co-FENO-late] Cellcept®, Myfortic®



How to use this medication

What is it



Mycophenolate is a medication used to treat rheumatic diseases like lupus. While taking this medicine it is important to have your blood tests done and see your doctor on a regular basis.

Tablets



Mycophenolate is available as Cellcept or Myfortic. Cellcept comes in 500 mg tablets. Myfortic comes as 180 and 360 mg tablets.

Take it every a day



The normal dose of Cellcept is between 500 and 1500 mg twice per day. The normal dose of Myfortic is between 180 and 720 mg twice per day.

Be patient



It will take 6 to 12 weeks for the mycophenolate to work. It is important for you to keep taking the medicine.

What you need to do

Stop if you have an infection



Mycophenolate can make it harder for you to fight infections. It is best to stop taking it if you have a fever or think you have an infection. Phone your doctor for advice.

Get regular blood tests



Have your blood tested **regularly**. This is important to make sure mycophenolate isn't affecting your liver or blood counts.

Side effects & important facts

Nausea & feeling unwell



Some people can feel sick to their stomach or develop diarrhea when they take mycophenolate. Please let your doctor know if this happens.

Headaches



Mycophenolate can cause headaches, dizziness, and difficulty sleeping.

Rare brain infection



Patients have very rarely developed a rare brain infection called PML while taking mycophenolate. This is very rare.

Pregnancy



Mycophenolate is not safe to take during pregnancy. If you become pregnant or are planning to become pregnant please let your doctor know.

Cancer



When used for long periods of time, mycophenolate may be associated with a small increased risk of skin or blood cancers.

When should I call my doctor

Please call if you need to stop



- If you feel sick and want to stop
- If you are concerned about any side effects
- If you want to or have already stopped the medicine

Other reasons to call your doctor:







Fever or think you have an infection



Pregnant If you plan or Planning to get any Pregnancy vaccinations



If you are having surgery

Other important information

Stopping mycophenolate



You can simply stop taking mycophenolate. You do not need to wean off it.

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