

Nintedanib (Ofev) Information Sheet

What Is Nintedanib?

Nintedanib is a medication used to treat idiopathic pulmonary fibrosis (IPF) and Progressive Fibrosing Interstitial Lung Disease (PF-ILD). It belongs to the anti-fibrotic class of drugs, which helps slow the progression of lung scarring by inhibiting certain natural processes.

Who Should Use Nintedanib?

If deemed appropriate by your physician, Nintedanib can be used for conditions like IPF or PF-ILD including conditions like Connective Tissue Disease-related ILD, Pleuroparenchymal Fibroelastosis, Fibrotic Hypersensitivity Pneumonitis, Unclassifiable ILD, Sarcoidosis, and Asbestosis. However, its suitability depends on your specific health condition, medical history and clinician assessment.

Important Precautions

Before starting Nintedanib, inform your healthcare provider if you:

- Have allergies to peanuts or soy.
- Have a history of severe liver or kidney disease.
- Are pregnant or planning to become pregnant.

Medication Interactions

Nintedanib may interact with other medications, reducing its effectiveness. Avoid taking it with Erythromycin, Ketoconazole, Rifampicin, Phenytoin, St. John's wort, or Carbamazepine. Always disclose all medications and supplements you're taking to your healthcare provider.

Administration and Dosage

Nintedanib is usually taken as 100mg or 150mg capsules twice daily, 12 hours apart. Swallow the capsules whole with water, and take them with food to enhance absorption and reduce side effects. Avoid grapefruit products while on this medication.

Possible Side Effects

Common side effects include diarrhea, nausea, abdominal discomfort, liver enzyme elevation, vomiting, decreased appetite, headache, and weight loss. If you experience diarrhea, your Doctor may consider using loperamide (Imodium) or psyllium (Metamucil), or adjusting the dose. The medication is processed by the liver, so monthly bloodwork monitoring and avoiding alcohol is recommended.

Contact Information

For questions or concerns about Nintedanib or its side effects, contact your pharmacy or your prescribing physician. In emergencies, seek immediate medical attention.

Disclaimer

This information sheet is provided for educational purposes and does not replace professional medical advice. Please consult your healthcare provider for personalized guidance regarding this medication.